

# Take part in the August junior cycle challenge



Contact us on Facebook, email [sports.unit@iow.gov.uk](mailto:sports.unit@iow.gov.uk) or phone 01983 823818 for more information, with how to obtain your sticker chart and stickers!

You can go out every day, three times a week or even just a few times in August - it's the taking part that counts!

Send us a picture of the achievements you made on your August sticker chart, to be entered into this month's prize draw.