



Dear Gen

My children asked to go swimming today. As we live in Newport we decided to try Medina. Last time we visited Medina xxx just sat on the side against the window, crying so badly He almost made himself sick. We tried again a few months later and I couldn't even get him in the changing rooms.

We've only been to sensory swim for a few consecutive weeks now and today xxx got changed, Put his float on, went in the main pool, and off he went! he was happy, confident, laughing, and as it was a fun float session he was on the floats, playing with the balls and toys, and having the best time!

We spent in total an hour and a half in the pool - he would have stayed longer!

And in the reception he told the ladies on the desk he "had the BEST TIME EVER"

So thank you! Your sessions, and Ash, have built up the confidence in my son so much, in such a short space of time.

Mum