

Living well with a learning disability on the Isle of Wight

Our joint plan to support adults with a learning disability



Easy read



Our vision is that **“all people with a learning disability living on the Isle of Wight will lead fulfilling lives”**



We have worked together to write a plan to make sure people with a learning disability can have a voice, be safe, be informed, remain healthy and confident to be an active part of their community.



People with a learning disability told us what was important to them.

These are now our three main priorities:



Living my life



Keeping safe



Staying healthy

We want people with a learning disability living on the Isle of Wight to be able to say:



“I am in control of planning my care and support.”



“I am part of my local community.”



“I have a fulfilling and purposeful everyday life.”



"I get good care from health services."



"I can get extra help when I need it."



"I am helped to stay safe."

Living my life

Where I live – we will:



- make sure people live in their local community not in a hospital or care home far away;



- make sure people who want to are supported to move out of residential care;



- make sure there is more choice of where to live;



- make sure we know who needs somewhere to live both so we can plan for this and help those most in need.

Living my life

Help I need – we will:



- make sure the person and their family are always at the centre of planning their own support;



- concentrate on what people can do, not what they can't;



- make sure staff have the right skills and training.

Living my life

What I do – we will:



- help people into employment;



- make sure people can share their personal budgets and be able to do things together;



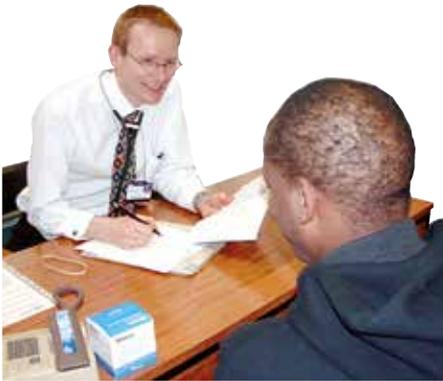
- make sure there is good information that people can understand about what is available.

Staying healthy

We will:



- make sure people know about annual health checks;



- make sure health services know what changes to make to help people with a learning disability - these are called reasonable adjustments;



- make sure people can get extra help when they need it.

Keeping safe

We will:



- make sure people feel safe in their home and in the community;



- make sure people who cannot get support from social care have somewhere to go to get the help they need;



- support people with a learning disability to check services to make sure they are good quality.

What does it all mean for me?

I live in a community with support from my family and carers.



My care staff have good support and training



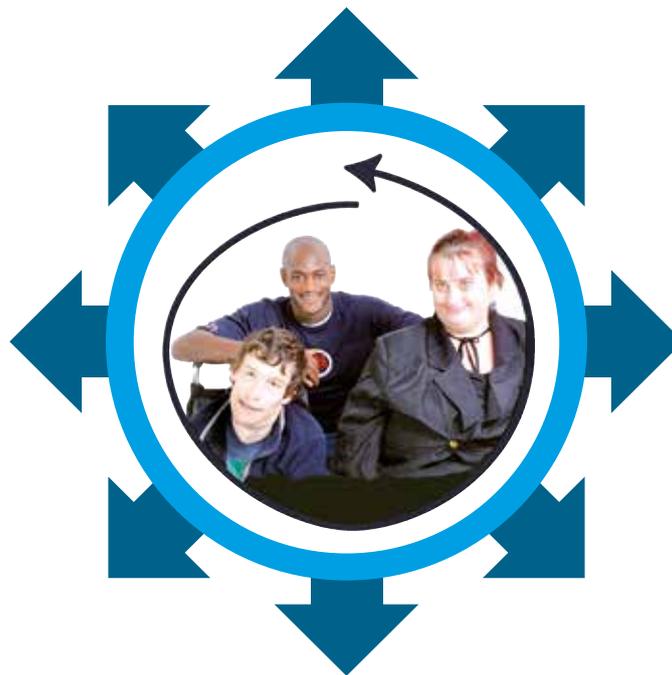
I live in a home that is right for me. I could have a tenancy agreement



My family have support to help them care for me



I feel safe at home and in my community



I am involved in activities in my community



I have support to communicate and have my say



I have support to learn new skills, be more independent and find a job or volunteering



I get good care and support from health services

How will we check this is happening?



We will develop an action plan to identify what we need, who will do it and by when.



We will publish an annual report from the action plan which you will be able to have a copy of.



We will make sure this plan links to other council and health plans.

Living my life

What will we do in 2018?



By November 2017 we will have a living well worker who will be able to help people who cannot get help from the council to live their lives.



By March 2019 we will increase the number of personal assistants, and make sure they get the right training to support people in their community.



By June 2018 there will be more choice of where to live as there will be 32 new supported living places.



By March 2019 we will have 12 people living in our new shared lives service which helps people live as part of a family.

Staying healthy

What will we do in 2018?



Less than half of people with a learning disability have their annual health check, we want to that to be more than half by March 2018.



By March 2018 we will have five GP surgeries signed up to becoming learning disability friendly.



By March 2019 the health and social care teams will become one community learning disability team.

Keeping safe

What will we do in 2018?



We will provide training for people with a learning disability about hate and mate crime.



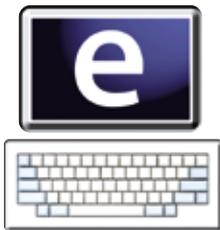
All services that provide support to people with a learning disability will be quality checked by experts by experience by March 2019.



By May 2018, 80 people will have had training in how to support people who can get angry and upset when they are not understood.

Contact us

If you want to tell us something about living well with a learning disability on the isle of Wight – our joint plan to support adults with a learning disability, you can use the following methods:



You can email:

admin@peoplematteriw.org



You can write to us at:

**Learning Disability Strategy
– Have your Say,
Independent Living Centre,
1 and 2 Bernard Way,
Newport,
Isle of Wight
PO30 5YL**



You can phone us on:

01983-821000 ext 6580

and ask for Ann O'Brien