### **Practical tools**

The following are guides that may be printed and given to a scam victim to serve as important reminders. A LA can edit these or use as templates to design their own versions. They should be put in a prominent place such as on a fridge door or by the telephone.

### My checklist templates

### Self protection checklist

How can I better protect myself?			
	Never give out personal information like my name, phone number, or address to strangers		
	Never give out financial information or credit card details to strangers, not even if I'm told it's my own bank asking		
П	Shred anything with my personal or financial details on it.		
	Look at every piece of mail and decide if it's scam mail (using my checklist)		
	Destroy and throw away any scam mailings		
	If I believe I am still being targeted by criminals then this is what I can do:		

## Scams mail checklist

If I am unsure that this mail is a scam I will ask my questions:	self the following	Yes	No	
Is the person contacting me a stranger?				
Is the stranger based in the UK?				
Is the letter about winning money or winning a pr	ize?			
Before I receive my prize / gift do I need to send s first?	ome of my money			
Is the return postal address somewhere abroad?				
Is the stranger urging me to respond quickly?				
Has the stranger told me to keep quiet about my fortune?				
If I have answered yes to more than 2 questions above then this mail item is a scam and <u>I must</u> <u>destroy and throw it away immediately</u>				
If I have any doubts or am still unsure then I will phone the people below for a second opinion:				
Name: Telephone:	Name: Telephone:			

# Telephone scams checklist

Is this telephone call a scam?					
4	• Is the call <u>UNEXPECTED</u> and are the	ey a <u>STRANGER</u> ?			
4	• Are they being <u>VAGUE</u> about their	identity?			
4	• Are they asking for my PERSONAL i	nformation?			
4	Are they asking for my <b>FINANCIAL</b> i	nformation?			
*	Are they asking me to send any MC	<u>DNEY</u> immediately?			
*	Are they <b>RUSHING</b> me to make a de	ecision?			
If I am still unsure then I should do the following:					
_ _ _	I should <u>NOT</u> give out any information I should be extremely cautious I should get details from them. I need their:				
	NAME: ORGANISATION: TELEPHONE NUMBER:				
	If they speak too quickly or are not clear I should ask them to slow down and speak clearer.				
	If I am unable to get their Name, Organisation and Telephone number I should not continue with the call and should hang up immediately.				
BE CONFIDENT and TERMINATE the call immediately.					
	It is not rudeness to do so.				
Think Safety First.					
	If I do get their details I should ask them to call back at another convenient time so that I can check them out. I should then phone my family / carer / Trading Standards Officer and give them the details to verify the company.				
	Name: Telephone:	Name: Telephone:			