



**Autumn & Winter 2015/16 Newsletter
For Children & Young People with Additional Needs (0-25yrs)**

FIZ offers a Free Impartial Information & Signposting Service for Children and Young People (up to 25 years) with Learning Difficulties or Disabilities and their Families.

- Provide families with information on activities, events, news and issues that are relevant to their needs.
- Issue newsletters.
- Support parents to find appropriate childcare or day care services.
- Support parents to access alternative funding to meet family needs.

Contact: Telephone 01983 821999. Email: familyinfozone@iow.gov.uk
Or drop in at 11 Orchard Street, Newport, PO30 1JZ (by the bus station & Lord Louis library) 9.30am to 4.00pm.
Monday to Friday (excluding public holidays). No appointment necessary.

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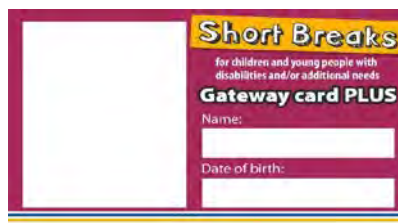
As from the 30th September 2015 your old Gateway Card will expire and will need to be replaced with the NEW Gateway Card PLUS.

To apply for a new Gateway Card PLUS, please visit www.iwight.com/shortbreaks or call 01983 821999.

Old Gateway Card



NEW Gateway Card PLUS



Please note: The passport photograph which is being asked for does not need to be an official photograph however it must be clear and the same dimensions as a passport photograph.

Short Breaks Activities

The Short Breaks service on the Isle of Wight provides a range of fun and exciting activities and opportunities for children and young people with disabilities and/or additional needs.

These activities range from after-school, evening, weekend and during the school holiday for children and young people (0-19th birthday). These activities provide a 'short break' for the family or carer whilst their child or young person is participating in a safe and fun activity which meets their needs.

In order to participate in any of the Short Breaks activities you must meet the eligibility criteria. Your child or young person is eligible to access the Short Breaks programme if they;

- Have a disability and/or additional needs and may require support to participate in leisure and recreational activities.
- Are aged between 0-18 years (up to the 19th birthday).
- Live on the Isle of Wight and/or attend a school on the Isle of Wight.

If you have any questions or are unsure what support your child may be entitled to, then contact the Family Information Zone (FIZ).

How to Register for Short Breaks

You will need to register for a Gateway Card Plus to use any activities funded by our Short Breaks programme. You will also need to show activity providers your child's gateway card plus when booking/attending.

The Gateway Card Plus contains a unique reference number which will be specific to each child or young person. Gateway Card Plus benefits:-

- Gives your child or young person access to a range of Short Breaks activities,
- Enables your child or young person and family to book our Short Breaks facilities (caravan, beach hut and lodge),
- The information you provide helps us plan Short Breaks so that there is a fair distribution across the Isle of Wight.

Parents/carers and siblings do not require a Gateway Card Plus to support their child or young person in accessing the Short Breaks programme. For more information and to apply for a Gateway Card Plus go to www.iwight.com/shortbreaks or contact: Family Information Zone (FIZ), 11 Orchard Street, Newport, Isle of Wight, PO30 1JZ. Tel: 01983 821999.

Listed below are the current Short Breaks Activities www.iwight.com/shortbreaks

Active Living Ages 11 – 19 years

Active Breaks

Active Breaks offers a youth club service for children and young adults with a disability. Our activities are user lead from pool, sports, table tennis, arts & crafts, cooking, photography, gaming, air hockey and off site trips.

Transport to the Riverside Centre is available from St Georges School at the end of the day.

One to one support is not available for this session however we welcome anyone who requires this to come along with their Carer.

Every Monday (except bank holidays and the two week Christmas break (21st Dec – 1st Jan 2016)) from 3pm – 6pm.

Cost £4.50 (includes hot meals, snacks and drinks).

Active Productions

Active Productions theatre activities are for children and young adults with a disability. Through Active Productions we provide a platform for expression through dance and drama, prop making, filming and editing all into our very own musical mash up video.

Every other Friday starting from 9th October 2015 (except during December) collection from St Georges until 6pm. Cost £4.50 (includes hot meals, snacks and drinks).

Address: The Riverside Centre, Newport, Isle of Wight, PO30 2QR.

To book please contact: Georgia Newell on 01983 539371 or email: gnewell@actioniw.org.uk



Bodster – Equine Assisted Learning CIC Ages 5 – 19 years

Fun activities where learners interact with ponies on the ground. Learners who come help devise activities to complete e.g. leading a pony and working loose in the round pen.



Every Saturday from 10am – 3pm. 1:1 times to be arranged as mutually convenient.
Pony Fun Days will be held between October and March (dates to be decided)

- The cost for the Saturday course would be £15 per day or £7.50 for ½ a day.
- For the 1:1 half hour sessions the cost would be £7.50 per session.
- For the day course in the holidays the cost would be £15 per day or £7.50 for ½ a day.

Contact: Jo & Giles Boddington on 07887 876138

Email: joandgi@googlemail.com

Website: www.eaqbodster.co.uk

Care Connect IoW Ages 12 – 18 years

Community Buddy Scheme

This scheme offers up to 6 hours of 1:1 support per month at the discounted rate of £8 an hour, to assist 12 – 18 year olds with disabilities in accessing the community. The scheme runs all year round.

Contact Jenny Barker on 07875 949584 or email care.connect.iow@gmail.com

Website: www.careconnectiow.org

Doodles (Care Connect IoW CIC) Ages 4 – 11 years

Doodles offer art and sensory play sessions for children with additional needs. Every session and activity is specifically designed around the individual needs and interests of each child.



Sessions will run every Saturday from 10am to 3pm.

An extra session will take place on Wednesday 28th October 2015 from 10am to 3pm.

Cost per session is £10.

Contact: Jenny Barker on 07875 949584 or email: care.connect.iow@gmail.com

Address: Riverside Centre, The Quay, Newport, PO30 2QR. Website: www.careconnectiow.org

Goodleaf Tree Climbing & East Dene Ages 8 +

Special Branch is an innovative and pioneering collection of woodland adventures for young people with a disability. Created by Challenge and Adventure and Goodleaf, we work together to provide activities including tree climbing, orienteering, campfire cooking, woodcraft, shelter building and overnight stays in the forest. Activities on offer will depend on weather, ability and need.



Woodland Day @ Parkhurst Forest on Saturday 3rd October from 10am – 4pm for Gateway Card Plus holders and their siblings. Cost is £20 (includes activities & lunch).

Family Woodland Day @ East Dene, Bonchurch on Saturday 24th October from 10am – 4pm.

Woodland Day for young people and their families. Activities include tree climbing, bushcraft, shelter building, scramble course and nature hunts (subject to need and ability). Cost is £20 per Gateway Card Plus holder or sibling. Adults go free (on a first come first served basis).

In addition Goodleaf are able to offer a limited number of 1:1 tree climbing sessions at Appley Park, Ryde. This is a 2 hour experience by arrangement – perfect for birthdays or special treats! The cost for this will be £29.

Contact: Abigail on info@goodleaf.co.uk or call 07800 720001. Website: www.goodleaf.co.uk

Heights Leisure Centre Ages 11 – 18 years

1to1 Gym Taster Session

Not sure if you would like the gym? Then enjoy a taster session through the Heights Leisure Centre. A dedicated gym instructor will show you around the gym and allow you to have a taster on some of our popular equipment. Additionally the instructor will give you all the information required on how to fully access leisure gyms. Siblings aged 11-18 are welcome at £3 per person.

Every other Saturday from 3rd October 2015 to 19th March 2016.

Time: 12pm – 6pm Session cost: £3

Please contact Heights Reception or Gym in advance on 823881 or email heights.leisure@iow.gov.uk
Heights Leisure Centre, Broadway, Sandown, PO36 9ET.

Inspirational Arts Ages 3 – 19 years

A wide range of arts and crafts activities as well as free flow. Sensory toys and games, access to white room and soft play.



Dates: Sessions are every Monday during term time (excluding bank holidays) at Medina House School
From 3pm – 5pm. Cost: £6

Contact: Lindsey on 01983 629453, Mobile: 07545 036234, email: inspirational.arts@live.co.uk

Island Equus Ages 6 – 17 years

Pony Camp

An educational, fun-filled day including a variety of games, horse care and riding activities. Presented in a fun and easily accessible format, providing enjoyment for all levels of ability.

Dates: Monday 26th October 2015, Monday 21st December 2015, Tuesday 16th February 2016 and Wednesday 30th March 2016. Time: 10am – 3pm. Session cost: £20 (pay on the day).

One to One: Riding & Equine Assisted Therapy Sessions

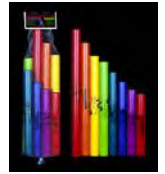
Sessions include: grooming, tacking-up (safe working around horses) and riding. Presented in a fun and easily accessible format providing enjoyment for all levels of ability, tailored closely to individual needs.

Monday – Friday & Sundays by appointment. Each session must be booked in with Island Equus.
Sessions can be booked between 9am – 5pm (each session lasts for one hour) Session costs: £10.

Contact: Lucy Mundy on 07825 293139 or email lucy@islandequus.com

Address: Island Equus, Pound Lane, Calbourne, Isle of Wight, PO30 4JX.

Isle of Wight College – Music Club & Boomwhacker Orchestra Ages 11 – 18 years



Come and have fun making music! You will be using Boomwhackers and other instruments to play your favourite tunes or to create music. Boomwhackers are plastic tubes which are colour coded to particular notes making them easy to play. They are versatile and it is simple to play popular tunes as well as composing original tunes as a mini group. Classes will be held in the new Pathways Building at the Isle of Wight College.

Every Tuesday starting on the 3rd November 2015 (term time only). Time: 4.30pm – 6.30pm.
Cost: Session is £4 and a course is £72.

For more information please contact Jane France or Jemma Holbrook on 01983 550807 or 550811.
Email: jane.france@iwcollege.ac.uk or jemma.holbrook@iwcollege.ac.uk

Isle of Wight College – Cookery Fun Ages 11 – 18 years

A chance to have fun cooking simple Christmas recipes of your choice. In the New Year you will be cooking warming winter dishes. Classes will be held in the new Pathways Building at the Isle of Wight College.

Every Tuesday starting on the 3rd November 2015 (term time only). Time: 4.30pm – 6.30pm.
Cost: Session is £5 and a course is £90.

For more information please contact Jane France or Jemma Holbrook on 01983 550807 or 550811.
Email: jane.france@iwcollege.ac.uk or jemma.holbrook@iwcollege.ac.uk

JR Zone Soft Play 0 – 18 years



Short Breaks participants get exclusive use of the massive three level play frame, in a quiet and inclusive setting. There is a three level slide, rope bridge, crawl tubes, ball pools, sky glide, tumble towers and a host of other features to encourage active and adventurous play for kids of all abilities. Dedicated soft play sessions from 5pm – 8pm. (Open to the general public until 6pm). Participants remain in the care of their parents/guardians at all times during the events. Socks MUST be worn in the play frame (including adults).

Evening sessions run on the 1st and 3rd Monday of each month from 5pm – 8pm.
Dates: 5th & 19th October, 16th November (JR Zone will be running their own event on the 2nd Nov), 7th December, 21st December (Christmas Party – see below), 4th & 18th January, 1st & 15th February and 7th & 21st March.

Morning sessions during school holidays and half terms: 8am – 11am (JR Zone opens to the general public at 10am). Thursday's - 29th October 2015, 31st December 2015 and 18th February 2016.

Cost: £4.00 per child. Siblings welcome.

Soft Play Christmas Party & Disco

The JR Zone Christmas Party includes a great disco, themed party food, party games, Santa's grotto (with present) and fancy dress competition for kids and adults and of course the chance to play on the JR Zones massive three level play frame. It is essential to purchase tickets in advance.

Monday 21st December 2015 from 5pm – 8pm. Session: £4.95

Contact: Tel 01983 559272 Email: info@jrzone.co.uk Web: www.jrzone.co.uk
Address: Manners View, Newport, PO30 5FA.

John Cattle's Skate Club Ages 5 +

Learn skateboarding in a safe and structured environment. All equipment provided. All abilities catered for.

The sessions will run on Sunday's at St Marks Church Hall, Station Rd, Wootton.

Times: 11.00am – 11.45am for under 12's and 11.45am – 12.30pm for over 12's.

Cost: £4 for Gateway Card Plus holders and £6 for their guests.

Contact: John Cattle on 07917 891555 or email: johncattleskateclub@gmx.com to book a place.

More information can be found at www.johncattleskateclub.co.uk or find us on facebook.



Medina Leisure Centre 5 – 16 years

1:1 swimming lessons with a fully qualified swimming instructor from the 1st October 2015 to 31st March 2016 between 4pm – 8pm Monday to Friday. The cost of the course is £100.



Contact: 01983 823380 Email: medina@iow.gov.uk

Medina Leisure Centre, Fairlee Rd, Newport, PO30 2DX

National Autistic Society IOW Branch - Lego Club Ages 5 – 18 years

The focus of the sessions will be to help small groups of children to work together to build Lego models, having fun whilst developing social and communication skills.

Saturday mornings from 10am to 12pm at the Riverside Centre, Newport, PO30 2QR.

Dates: 10th & 31st October, 14th & 28th November, 12th December 2015, 9th & 23rd January, 6th & 20th February, 5th & 19th March and 2nd & 16th April 2016.

Cost: £5 per child (includes snack & drink).

Contact: Caroline Martin - Tel: 07815 131659. Email: carolinemartin4@aol.com

Nature Therapy CIC Ages 8 - 18 years (parents required to stay)

Pop Up Sensory Theatre

Pop Up Sensory Theatre: The pop up is a 16 foot circular igloo that contains five different sensory portals where each child and family member can try out different items at each portal. Their reactions to this are recorded in a child friendly booklet which will later help with the creation of their maps. Ideas for activities are included so each child or young person can create something from what nature has readily and freely available.

Dates: 5th, 29th, 30th December 2015, 9th & 23rd January 2016.

Time: 10am – 1pm. Session cost: £3 per family.

Contact: Kim Brown on 07922 617479. Website: <http://www.naturetherapycic.com/>

Venue: Haylands Farm, Salters Road, Ryde, PO33 3HU.



Newport (IoW) Inclusive Football Club Ages 5 – 18 years

We are part of Newport (St Georges) Football Club and we provide fully inclusive football to all age groups and abilities (girls and boys). With the help of our fully trained skilled coaches and in our safe nurturing and fun environment our players feels part of a wider football community.

Location: Newport (venues will vary dependant on weather).

Date: Thursday's from 5pm – 6pm **term time only**. For children and young people with a disability. Siblings and friends very welcome. Cost: £2 a session

Contact: Email: jamesloosemore@aol.com Telephone: 01983 864921

Premier School Sport Coaching Ages 5 – 18 years



Trampolining provides great exercise and lots of fun. Our instructors will help you learn new skills. Rock climbing on the outside climbing walls with many routes to suit all abilities. An enjoyable way to get physical with aspects of team work and problem solving, giving you a fantastice sense of achievement however high you climb. One to one support can be provided on request.

Dates: 17th & 31st October, 7th & 21st November, 5th & 19th December, 9th & 23rd January, 6th & 20th February and 5th & 19th March.

Time: Trampolining: 10.30am – 12.30pm. Rock climbing: 1pm – 3pm.

Cost: £10 per session or Full day - £20

Contact: Donna Day - Tel: 07810 693182. Email: premierschoolsportcoaching@hotmail.co.uk

Sandown Sports Centre at Sandown Bay Academy.

Ryde House Group Outreach Services Ages 11 – 18 years



Monthly Youth Disco

Fun youth disco. Different theme each month - Fancy dress optional. Friendly environment for young people to come along and have a dance, socialise with their friends and meet new people.

Time: 6pm – 8pm. £2 entry cost.

The next disco is on Friday 2nd October 2015. Venue: Aspire Ryde, Trinity Buildings, Dover Street, Ryde, PO33 2BN. The outreach service can provide 1:1 support for the disco. To book this support, please contact Ryde House for more details.

Contact: Ryde House Group Outreach Service on 01983 817094. Email: sally.morris@rydehouse.com

New IT Club

If you like X-Box, Wii and computers and want a chance to meet and hang out with others who enjoy gaming and computers, join us on Tuesday evenings at our Cyber Cabin. From 4pm – 6pm. Cost: £3

Venue: Cyber Cabin at Willow Village, Ryde House Group, Binstead Rd, PO33 3NF.

Contact: Ryde House Group Outreach Service on 01983 817094. Email: mark.dawkins@rydehouse.com

St Catherine's Girls' Night Ages 11 – 18 years



Girls' Night is an opportunity for 11 to 18 year olds with additional needs to meet new friends and learn new skills including Arts & Crafts and Hair & Beauty in a fun, friendly and relaxed environment. Girls' Night is run by The Work Station, the vocational training unit managed by St Catherine's, a local charity supporting children and young people with speech, language and communication needs. Numbers for the activity are limited, so please book in advance. Female siblings are welcome to attend. However, priority will be given to young people with additional needs.

Dates: Every Thursday from 6pm to 8pm during Term Time. Cost: £4 per session.

Address: The Work Station, Ventnor Industrial Estate, PO38 1DX Booking is essential, to reserve a place or for more information contact Becky Laidler on 01983 852722 or email: becky@stcatherines.org.uk

Sally's Riding School - Horse Riding Sessions Ages 5 - 16 years



Weekly horse riding sessions on Saturday's. Riding from Nodes Point Holiday Park or Forelands Field Road, Bembridge (from October). Enjoy a relaxing ride through some of the Island countryside or along its sandy beaches.

11.00am - 11.30am and 11.30am -12.00pm.
Cost £10 per child. Booking essential.

Telephone: 07974 861674. Email: sallythomas777@gmail.com Website: www.sallysridingschool.com

Sallywags Fun Club Ages 3 – 18 years



Sallywags Fun Club is run by qualified play workers, providing flexible hours within our day to enable all children come along and play, meet new friends.
Parents are encouraged to leave the site, whilst the children are cared for by the experienced staff at Sallywags.

October Half Term (week commencing 26th October 2015)
February Half Term (week commencing 15th February 2016)
Easter Holidays (29th March – 8th April 2016)

Opening Times: 8am to 6pm (up to 7 hours 1-1 support available per child).
Cost per session: 3 hour session is £7

Contact: Sarah Wherry on 01983 530433 or 07977 709088 Email: sallywags0@btinternet.com
Venue: Lake – Broadlea Primary School, Newport Rd, Lake, PO36 9PE

Vectis Blue Disability Football Club Ages 4 – 18 years (Term-Time Only)

Football Club for children and young adults with all disabilities. Siblings welcome.



Venue: Rew Valley Sports Centre, Ventnor. Cost: £3 per child
Dates: Thursday's during **term time**.
Times: Ages 4–11 years from 5pm to 6pm. Ages 12-18 years from 6pm to 7pm

Contact: Janet Mackay - Tel. No: 01983 865377 Email: janetmackay1940@hotmail.co.uk

Wight BlueSky Arts - Acting Up! Ages 13 – 19 years



Acting Up -We want your teenage dramas come and act up with us!
BlueSky Arts is excited to announce the launch of their new Teenage Drama Club, Acting Up.
Come and join us – BlueSky’s got talent and so have you! On-site café, delicious meals and snacks.

Dates: Every Saturday afternoon (excluding Christmas) from 1.30pm – 4.30pm.
Cost: £10 per child.

Contact: Tel: 01983 882820. Email: info@blueskyarts.co.uk Website: www.blueskyarts.co.uk
Venue: The Old School Building, New Rd, Wootton Bridge, PO33 4HX.

Wood Learn Forest School Ages 5 – 18 years

Bushcraft, Forest and Beach School Sessions

Adventurous outdoor fun for all ages and abilities. Tree climbing using special grips (not ropes), shelter building, fire-lighting, foraging, flora and fauna identifying and tracking among other things!!

Dates: 26th September and 31st October 2015.
Venue: Various forest and beach venues across the Island. Cost: £15 per session.

Further dates to be announced in Spring 2016

Contact: Geoff Mason 01983 246986 or 07710 324868 Email: woodlearnforestschool@gmail.com

Landeez Wheelchairs

The Landeez is an all-terrain wheelchair that rides easily over sand, snow and gravel. Great for the beach, its marine grade stainless steel frame will not rust or corrode, even in saltwater. The Landeez can be adjusted to fit a small child or large adult and the ballistic nylon seating is removable and washable. Highly transportable and easy to store, the Landeez can be disassembled in seconds.



Available on loan from Dinosaur Isle, Sandown. Telephone - 01983 404344 or from Ryde House Group, Binstead Road, Ryde. Tel: 01983 817094. Wheelchairs can be hired up to one day per family per week.

Short Breaks Caravan - Lower Hyde, Shanklin

The Short Breaks caravan is targeted, in particular for children and young people with disabilities and/or additional needs. The caravan is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park. The caravan is large and wheelchair accessible, it can sleep up to six people, with two bedrooms and extra sleeping for two in the lounge area.

The caravan consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a shower and two bedrooms. The caravan sleeps a maximum of six people.

Two single beds in the smaller room with a double bed in the master room and a pull out bed in the lounge.

For further information and costs please visit www.iwight.com/shortbreaks or contact the Short Breaks unit on 01983 823168.

Short Breaks Lodge - Nodes Point, St Helens

The Short Breaks lodge is targeted, in particular for children and young people with disabilities and/or additional needs. The Short Breaks lodge is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park.

The lodge consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a bath, a roll in shower and two bedrooms. The caravan sleeps a maximum of six people.

Two single beds in the second room with a double bed in the master room and a pull out bed in the lounge.

For further information, including costs, or to make a booking please contact Short Breaks Unit on 01983 823168
Email: short.breaks@iow.gov.uk Availability calendar can be viewed at www.iwight.com/shortbreaks

Short Breaks Beach Hut

Beach Hut available to hire at Small Hope Beach, Shanklin Revetment. Six people per family. The hut includes a Landeez wheelchair, four chairs and a parasol.

Booking is through the Short Breaks unit. Keys and contract to be collected and completed on the morning of the booking date at Small Hope beach. Availability calendar is available to view by visiting iwight.com/shortbreaks
Available from April to September. 48 hours notice required.

Cost: £10 per day. £5 non-refundable deposit must be paid via debit / credit card by calling 01983 823168.

Groups & Activities for Children, Young People & Adults with Additional Needs. These groups are not Short Break Activities and do not require a Gateway Card Plus.

Barnardo's North East Wight Early Help Centre: Can Do Play 0-5 years

Stay and Play for Children with Additional Needs

These group play sessions offer parents and children an opportunity to meet with other families and specialist services. Every Wednesday from 9.30am - 11.30am at The Bungalow, Ryde Academy, Pell Lane, Ryde.

For more information or to book please telephone 01983 617617 or visit North East Wight Early Help Centre, George Street, Ryde, PO33 2JF.

Barnardo's South Wight Early Help Centre: Kaleidoscope 0-5 years

Stay and Play for Children with Additional Needs

These group play sessions offer parents and children an opportunity to meet with other families whilst having fun! Alternate Mondays of every month from 9.30am – 11.30am.

For more information or to book please telephone 01983 408718 or visit South Wight Early Help Centre, The Fairway, Lake.

First Act 2011 - Theatre Group for people with learning disabilities (Age 18+)

Learning theatre skills with a production of 2 shows a year. First Act operates from Shanklin Theatre on Monday's and Tuesday's 10.00am – 3.00pm. Cost £25 per day. Open all year apart from Bank Holidays.

Contact: Carol Laidler Tel: 01983 408184 or 07769646086. Email: alan.laidler@btinternet.com

West Wight Coffee Morning in partnership with Parents Voice

Join our coffee and cake monthly support meeting from 9.30am to 11.30am at Freshwater Methodist Church, Brookside Road, Brookside, Freshwater. It is for parents & carers of a child or young person with special educational needs or a disability. Meetings will be on the first Monday of each month.

The next meeting will be held on Monday 5th October 2015. Contact: Sally Duckworth on 07827 289164.

Godshill Coffee Morning in partnership with Parents Voice

We meet at Godshill Village Hall from 9.30am to 11am once a month. It is a monthly support meeting for parents & carers of a child or young person with additional needs. It is also an opportunity for parents to receive and share information from Parents Voice on the new SEND reforms and other issues. Meetings will be held on the first Tuesday of each month.

Dates: 6th October, 10th November, 8th December 2015, 12th January, 9th February, 8th March and 12th April 2016.

For more information please email parentsvoice@peoplematteriw.org or visit their website <http://www.parentsvoice-iw.co.uk/>

Positive Difference Products

For all your sensory needs and communication needs. Autism Awareness - sensory & fiddle toys – positive disability symbols – communication aids – chewigems – schedule & reward charts – ear defenders

For more information telephone 07766 142468. Email: Info@positivedifferenceiow.co.uk
www.positivedifferenceiow.co.uk www.positivedifferenceproducts.co.uk

The Action Station 18-25 years

Ventnor based - St Catherine's is offering a

new life skills and leisure programme for young adults at home and in the wider community, which is registered with the Care Quality Commission. The programme is for young adults living on the Isle of Wight aged 18 – 25 who have speech, language and communication needs and associated conditions such as autism and Asperger Syndrome. St Catherine's can provide one-to-one and small group support at a cost of £15 per young adult per hour – a rate which is in line with current provision of a broadly comparable nature. In addition, mileage incurred by support staff is charged at 40 pence per mile.

Additional group activities – with other young adults aged 18 and over – can be arranged as appropriate, offering opportunities for wider social interaction such as evenings out – e.g. bowling, cinema, meals. The cost for this activity would be £20 per young adult per 3 hour session plus the cost of the activity.

For more information or an informal discussion please contact: Gloria Grant, Head of Care on 01983 852722.



Life Skills Post-18
Provision at
St Catherine's

Face2Face Isle of Wight

Barnardo's is partnership working with Scope to deliver the Face 2 Face Befriending service on the Isle of Wight.

Face 2 Face is a parent(s) befriending service offering emotional support to parents whose children have been recognised as having a disability or special need.



For more details please contact Deborah Cobb: Tel 07525 244482 Email: Deborah.cobb@barnardos.org.uk

West Wight Sports Centre - Dedicated swimming sessions

Weekly swimming session for disabled children, with their family, siblings and friends. Both pools are available exclusively for fun-packed sessions. Additional lifeguards and support provided for the dedicated session. Do come along to appreciate the caring, supportive, fun atmosphere!



Fridays: 5.30pm – 6.30pm (Closed on public holidays). Cost: £2.65 per child. Free of charge to anyone accompanying a child with a disability.

Contact: 01983 752168 Web: www.westwight.co.uk

Duke of Edinburgh's Award Ages 14 – 25 years

Newport Open Award Centre – Thursday's 6.30pm -8.30pm. Tel: 823490.
West Wight Sports Centre - Contact: Michelle Moon or Joy Mowle on 752168.
Way Forward for young people with additional needs (Age 18+) – Contact Lee White on 523000.



For more information contact the DofE Facilitator Carol Taverner.

Tel: 01983 823490 Email: carol.taverner@iow.gov.uk

Wight BlueSky Arts

Wight Blue Sky Arts is proud to provide the best of arts based activities for adults and teenagers with learning difficulties. Runs for 50 weeks a year offering a mix of art, dance, drama, film making and music, Monday to Friday (Different activities on different days. Contact provider to confirm). Morning and afternoon sessions available.



School Holiday programmes... Now running from The Old School, New Rd, Wootton, PO33 4HX

Why not book a FREE taster session today? Outreach Service also available.

For more details contact 01983 882820: Email: info@blueskyarts.co.uk Web: www.blueskyarts.co.uk

Isle of Wight Branch National Autistic Society

Coffee mornings, support groups, cinema screenings and other events and activities. Please check the web site for current information <http://www.nasiow.btck.co.uk/>

We offer support groups for families and individuals affected by Autism Spectrum Conditions (ASC/ASD) in the following areas:



- **Cowes** Support Group - 1st Tuesday of the month from 9.30am - 12pm.
St Faith's Church Hall, Newport Road, Cowes - Contact Susan Tillbrook on 07434 606682
Email: stillbrook@hotmail.co.uk
- **Ryde** Support Group - 2nd Tuesday of the month from 9.30am - 11.30am (Term Time Only)
Ryde Methodist Church, Garfield Road, Ryde - Contact Jess Higgins on 07969 297666.
- **South Wight** Support Group – 3rd Thursday of the month from 6.30pm – 8.30pm. Contact Caroline Martin on 07815 131659 or at carolinemartin4@aol.com or Jess Higgins 07969 297666 for more details.

Our Clubs: We currently offer 3 clubs for individuals affected by ASD which meet regularly: Trampolining, Surf School, Kayaking.

You can find out more information by emailing iownasevents@hotmail.com or by checking out www.facebook.com/iownasEvents

Isle of Wight Association for Spina Bifida & Hydrocephalus

An independent charity which provides help and support for those with Spina Bifida and / or Hydrocephalus who live on the Isle of Wight, and their families, helping them gain independence and integration in the community.

Contact: Freya - littleowl2013@gmail.com

For more information please visit their website <http://iwasbah.com/>

The Rainbow Club www.iowrainbowclub.com

Family Meet - Support Group

Meets at Haylands Primary School, Bettsworth Rd, Ryde on the 4th Saturday of each month from 2pm – 4pm.

Fun activities for children with disabilities and their siblings.

Tea and chat for all the family. Cost: £2 per child



The Rainbow club
Supporting children with
special needs.
Run by parents of children
with disabilities.

'Singing Hands' – Signing through songs, rhymes and stories

Saturday 3rd October at 10.30am @ Haylands Primary School, Ryde.

Rainbow Club Baby & Toddler Sessions:

Our baby & toddler sessions are open to all children with a disability, special needs or significant health needs and are being held in conjunction with Barnardo's Early Help Centres:

East Cowes session will be held on Thursdays from 9.30am – 11.30am at Barnardo's North East Wight Early Help Centre, Beatrice Avenue, East Cowes.

For more information please call Clare 01983 568601 or 07773 570505 or email clareanne21@btinternet.com

Gamezone **Ages 12 +**

Gamezone will re-launching on the 1st October 2015 from 4.45pm at the IOW College – Room L39. £2.50 per person for 2 hours of gaming for girls and boys with ASD, school year 8 and above.

For more information contact: gamezoneiow@gmail.com

IOW Tourette's Support Group

Tourette's Action has a growing network of support groups in England, Wales and Northern Ireland coordinated by volunteers with Tourette Syndrome (TS) or who have a family member with TS.

Meeting others for support, information sharing and friendship has helped many people with TS, a condition that can be isolating. Talking with others who understand can help with self-esteem, confidence and general wellbeing.

There is now a support group on the Isle of Wight. A support group that offers a warm welcome to children and adults with Tourette's Syndrome, their families, friends and carers.

Find us on Twitter @TicForTourettes or IOW Tourette's support group on Facebook.

AIM Autism Inclusion Matters 18+ years

What is AIM?

Autism Inclusion Matters (AIM) is a user led social group for adults with high functioning autism or Asperger's, which takes place on the last Thursday of every month.

AIM is supported by a partnership between the Way Forward Programme, Positive Difference and People Matter IW.

AIM is also opening a drop in centre to held at St Marks Church Wootton on the second Monday of every month from 6pm - 8pm starting on October 11th 2015.

If you would like to get involved you can contact us in the following ways:

By Post: People Matter, Downside Community and Learning Centre, Furlongs, Newport, IW PO30 2AX

By Email: aimisleofwight@gmail.com

For any queries contact us at AIM on: 07444 737097 and ask to speak to the AIM coordinator.



OCD Support IW 14+ years

The principal aim of the group is to provide help, information, resources, support and encouragement for young people, their families and adults affected by OCD.

Membership of the group is open to anyone affected by Obsessive Compulsive Disorder over the age of 14 years primarily living within the Isle of Wight. Young people must be accompanied by an appropriate adult. Meetings are at Age UK (IW) offices at St Thomas Chambers, 147 High Street, Newport. No charge to attend the meeting. Parents or carers who have a child under the age of 14 years are welcome to attend the meetings to obtain information and support regarding OCD and to listen to the group discussions.

Meetings are held on the 2nd Tuesday of the month from 6.30pm - 8.30pm. The next meeting is on the 14th October 2015.

For more information contact: Brian Taylor - Tel: 07870 171990. Email: briantaylor1938@talktalk.net

Isle of Wight Table Tennis Centre Inclusive Table Tennis Sessions Ages 7+

Please wear non-marking shoes. Equipment supplied. Coaching sessions can be arranged.

Venue: Smallbrook Stadium, Ashley Road, Ryde, PO33 4BH

Contact: Martin Dove on 01983 299308 or e-mail martin.dove@blueyonder.co.uk for more details

Isle of Wight Deaf Children's Association

A charity formed in 1965 to offer help and support to parents of children diagnosed with hearing impairment. We are affiliated to the National Deaf Children's Society (www.ndcs.org.uk)

Saturday Club for Deaf Children

This group holds monthly meetings where all activities are tailored to improve language and communication, providing a social setting for deaf children.

Visit the web site for contact information www.saturdayclub.org.uk

Luke Steen Music & Tuition

I offer tuition to others to develop their potential in music. I am a graduate musician experienced in many different musical genres, instruments, styles, situations and scenarios.

Personal tuition could be on drums, acoustic guitar or bass guitar and I can take you from beginner to proficient performer, focusing on the style of music you particularly enjoy, or perhaps just learning your favourite pieces of music?



Contact: Luke Steen on 07812 064407 or visit www.lukesteen.co.uk

Matt Russell Ice Skating Instructor

I am a level 2 N.I.S.A. instructor with first aid and a CRB check. I have been skating for over 19 years and have experience of teaching children and young people with additional needs. I can offer 1:1 lessons.



For more information please contact me on 07890 546619 or email: matt_russell2212@hotmail.co.uk

John's Club Isle of Wight

For information on the current clubs available from John's Club please call them on 01983 865865 or visit their website: www.johnsclubiow.org

Haylands Farm (Age 18+)

Haylands Farm is a work based training centre, run by Isle of Wight Mencap for people with learning disabilities on the Isle of Wight. The project aims to give its student group transferrable skills through Agriculture, Horticulture, Woodwork, Can Recycling, Life Skills and Social Activities.

For more information about this project, visit: www.haylandsfarm.co.uk or contact: Haylands Farm, Salters Road, Ryde, Isle of Wight, PO33 3HU. Telephone: 01983 566038. Email: info@haylandsfarm.co.uk



Way Forward Programme

The Way Forward Programme is able to offer a whole range of activities to help support people with a learning/physical disabilities, autism and mental health conditions within our community. We offer a seven day a week support service that will focus on supporting adults and young people to build the skills and confidence needed to live as independently as possible. The care and support is provided using personal budgets, our staff team are experienced and committed to delivering a quality service providing daily activities within our activity centre based in Newport.



We also offer a personalised support service where an individual can have 1:1 or 2:1 support to undertake activities within the centre or within the community. We provide a wide range of activities within the community for people to get involved in as well as having our own community kitchen for life skills development. If you are over 18 we offer respite care for overnight stays, weekends away or holidays, you choose the destination and we organise and provide the care, you will be picked up from your door supported during the duration of your time away and brought back to your door. If you are aged 12 – 18 then we are able to provide support during the day or evenings, weekends or during the school holidays. We will work closely with families and carers to ascertain the best time support will be needed and focus on individual needs; unfortunately we are not able to carry out personal care at this time.

Contact Lee White on 01983 523000 Email: leewhitewf@gmail.com Web: www.wayforwardprogramme.co.uk

The Phoenix Project

Based in Ryde, The Phoenix Project is a day service for adults with learning disabilities. The Phoenix Project has a wide range of activities on offer; both building based and out in the community. Our staff team are experienced in working with people with complex health needs, challenging behaviour and Autism.

Contact: 01983 810172 Email: enquiries@phoenixprojectiow.org Web: <http://www.phoenixprojectiow.org/>

Local Offer - Every Local Authority is required to have a "local offer" which informs parent carers and young people with SEN or disabilities of what is provided in their local area, including what to expect from local early years providers, schools, colleges, health and social care. In addition it will include information on how decisions are made about how services are allocated, how to request a personal budget, how to access more specialist support and how to complain or appeal. Local authorities must involve parent carers, children and young people in developing their local offer. The Local Offer for the Isle of Wight can be found at: www.iwight.com/localoffer

Disclaimer:

FIZ is not responsible for the information contained within this newsletter as this is provided by the individual providers/services. If you have any questions relating to the activity please contact the provider direct. All information is correct at the time of going to print. For information on keeping your child safe when attending activities please visit:

<http://www.nspcc.org.uk/globalassets/documents/advice-and-info/out-alone-keeping-child-safe>

www.IwightChYPS.org.uk 



FREE INFORMATION!

Family Information Zone



POP IN! WE'RE HERE TO HELP

FIZ, 11 Orchard Street,
Newport, Isle of Wight, PO30 1JZ
Telephone (01983) 821999
familyinfozone@iow.gov.uk
www.wightchyps.org.uk

Free information about services and activities for children, young people and families



www.Wightchyps.org.uk

The online directory for children and young people on the Isle of Wight

What's on? Looking for activities to do? Information or support? Need help?

WightChYPS is the local authority's Family Service Directory (FSD). A service directory is a comprehensive online information bank of all types of children's and young people's services available in a local area. It includes a broad range of services from providers in voluntary, private and statutory agencies.

WightChYPS has been created as a complete directory of services for children and young people across the Isle of Wight. The directory contains hundreds of entries with contact information and details of activities, services and events in all areas, including those listed below.



LEARNING

HEALTHY LIVING

LEISURE ACTIVITIES

EDUCATION

SPORTS

LOCAL AND NATIONAL SUPPORT GROUPS

www.Wightchyps.org.uk



The information contained on the WightChYPS website is managed by FIZ.

The directory is available online at www.WightChYPS.org.uk